

# Life Care Training

## CQC Evidence Pack

Rosewood Manor Care Home

### Care Home Details

<b>Care Home:</b>	Rosewood Manor Care Home
<b>Address:</b>	47 Oakfield Road, Maidstone, Kent, ME15 6TJ
<b>Training Period:</b>	October 2025 — March 2026
<b>Prepared By:</b>	Nathan Kwabi, MPharm (Hons), Level 3 AET (RQF), Level 3 Assessor
<b>Date Prepared:</b>	28 March 2026

---

### Contents

- CQC Evidence Pack Cover (this document)
- Trainer Credentials & Qualifications
- Training Summary Report — Fire Safety Awareness (Level 2)
- Training Summary Report — Manual Handling / Moving & Handling
- Training Summary Report — Safeguarding Adults (Level 2)
- Training Summary Report — Infection Prevention & Control (Level 2)
- Training Summary Report — Medication Administration
- Training Summary Report — AED / Basic Life Support
- Attendance Register — Fire Safety Awareness (Level 2)
- Attendance Register — Manual Handling / Moving & Handling
- Attendance Register — Safeguarding Adults (Level 2)
- Attendance Register — Infection Prevention & Control (Level 2)
- Attendance Register — Medication Administration
- Attendance Register — AED / Basic Life Support
- Competency Assessment Records (individual, per delegate)
- Certificates of Completion (individual, per delegate)

### Courses Delivered

#	Course Title	Date	Duration	Delegates
1	Fire Safety Awareness (Level 2)	15 October 2025	Half Day (approx. 3-4 hrs)	14
2	Manual Handling / Moving & Handling	22 October 2025	Half Day (approx. 3-4 hrs)	12
3	Safeguarding Adults (Level 2)	12 November 2025	Half Day (approx. 3-4 hrs)	14
4	Infection Prevention & Control (Level 2)	3 December 2025	Half Day (approx. 3-4 hrs)	15
5	Medication Administration	14 January 2026	Full Day (approx. 6 hrs)	10
6	AED / Basic Life Support	11 February 2026	Half Day (approx. 3-4 hrs)	12

## Regulatory Alignment

All training delivered by Life Care Training is aligned to the Care Quality Commission (CQC) Single Assessment Framework (SAF), Skills for Care learning frameworks, and the Core Skills Training Framework (CSTF) England v1.1. Training content meets the requirements of CQC Regulation 18 (Staffing) which requires providers to ensure staff receive appropriate training, professional development, supervision, and appraisal.

## Assessment Methodology

Life Care Training assesses competency, not merely attendance. All delegates are assessed against defined learning outcomes using a combination of methods appropriate to the course content. Where a delegate does not meet the required standard, a development plan is agreed and follow-up assessments are conducted at 2–3 weeks and 6–8 weeks post-training to support achievement of competency.

## Signatures

### Trainer

Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

Date: \_\_\_\_\_

### Care Home Manager

Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

Date: \_\_\_\_\_